



Animation Therapy 'test film' information.



A note about our 'test films'

As part of the NESTA award, Animation Therapy received funding to develop new pilot techniques to complement existing therapeutic practice. These original test films draw on the work of occupational therapist Helen Mason, using a process of activity analysis and grading to adapt the animation process to develop tools which therapists from a range of disciplines can use to complement their professional practice.

The test films are fictional in nature as they were made to allow the project's therapist (s) and animators time to collaborate and trial how to adapt the process to complement a range of therapeutic work/models of practice. The resulting knowledge has been developed into a time-effective approach to using animation in the clinical field which can be replicated and which takes into account therapeutic sensitivities, working alongside existing tested therapeutic practice.

The animation techniques used in our test films are currently being developed into training courses to complement therapists' existing professional training. Therapists should always be registered and regulated by a professional body (for example the HPC) if they are engaging in clinical practice.

Therapists are advised that they should not work outside of their areas of professional competency and should not attempt to replicate the techniques used in our 'test films' which appear on this website with out additional training from Animation Therapy. Animation Therapy is also developing training for Animators who are interested in working with therapists in practice or enhancing their skills and knowledge of how to use animation techniques for positive community purposes.

Please refer to the training pages for further details regarding the tools developed and how to access the animation therapy training.